

Training and Conferencing A Social Enterprise

Our Training and Conferencing Department was set up in 2012, utilising the skills and experience within our organisation to share with others within the Housing and Voluntary (third) Sectors.

The work we do and courses we deliver are designed to generate a surplus income that can be used to support the other charitable work that we do with homeless or disadvantaged young people.

In addition to our short courses, we are accredited to deliver Chartered Institute of Housing, Institute of Leadership and Management and City and Guilds Qualifications.



Contact us

If you would like any further details about the qualifications or courses that we run please contact us.

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or write to

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YMCA BIRMINGHAM

TRAINING AND CONFERENCING

Short Courses

YMCA

YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

SUPPORT & ADVICE

ACCOMMODATION

FAMILY WORK

HEALTH & WELLBEING

TRAINING & EDUCATION

YMCA

Short Courses

We offer a wide range of short 1 day courses covering the following;

Mental Health Awareness

Suitable for any members of staff who would like a better understanding of mental health problems that may be faced by people they come into contact with as part of their normal working.

Suicide Awareness and Intervention

For staff at all levels and roles that may potentially come into contact with someone that is suicidal or threatening suicide. To have greater understanding, see the warning signs and how to use intervention skills.

Negotiation Skills for Managing Debt and Rent Arrears

This course is suitable for any members of staff who would like to enhance their negotiation skills. The course focusses on negotiating to increase rent arrears payments, and learners will be able to hone their communication skills and strategy enabling them to maximise income for the organisation.

Managing Volunteers

Ideal for individuals seeking to prepare for their first management role in the third sector, or practicing managers who want to improve their performance in the encouragement and development of volunteers.

Self-Harm Awareness

For staff at all levels and roles that may potentially come in contact with someone that is self-harming. Learners will have a greater understanding of the causes, identifying groups at risk, knowledge of prevention strategies and the importance of early intervention.



Managing Challenging Behaviour and Physical Intervention

For all staff levels that currently or have the potential to face challenging behaviour including potential and actual violent behaviour. This very popular course looks at the causes of challenging behaviour, the range of coping skills available for defusing and managing incidents, and how to use non-restrictive physical intervention.

Essential Coaching Skills

A recently added and well received course ideal for practicing or potential first line managers to develop knowledge and understanding of coaching and mentoring individuals/teams in the workplace.

Effective Presentation Skills

For anyone who has to communicate professionally and confidently in a formal business setting. The ability to present effectively can be a key differentiator in winning initial and/or further business.

We also deliver;

Safeguarding Adults at Risk

Safeguarding Children and Vulnerable Adults

Drugs and Alcohol Awareness and the effects on Mental Health

Customised Courses

Need a customised course designed to meet your specific or organisational needs?

With our team of associate trainers from a diverse range of disciplines... we are able to help.

We can also deliver your customised course in-house so as to minimise the time that your staff are away from the workplace.

Interested? Why not contact us for an initial discussion to see if we can help?