

YMCA BIRMINGHAM

TRAINING AND EDUCATION

YMCA

Short Courses

Our Training and Education social enterprise was set up in 2012, utilising the skills and experience within our organisation to share with others within the public, housing and voluntary (third) sectors across the UK. Our activities are designed to generate a surplus that can be used to support our charitable work with homeless and disadvantaged young people.

In addition to our short courses, we are accredited to deliver Chartered Institute of Housing, Institute of Leadership and Management and City & Guilds Qualifications.

YMCA Birmingham deliver a wide range of short 1-day courses across the UK covering the following:

Conflict Management & Conflict Resolution

For any individual that currently or have the potential to face challenging behaviour including potential and actual violent behaviour. This very popular course looks at the causes of challenging behaviour, the range of coping skills available for defusing and managing incidents, and how to use non-restrictive physical intervention.

Safeguarding

For all staff working with vulnerable adults, children and young people, to ensure that they are proactive in recognising and responding to protection issues.

Managing Volunteers

For individuals seeking to prepare for their first management role in the third sector, or practicing managers who want to improve their performance. Learners will gain a solid foundation in the specific set of skills they need to supervise, support, organise and motivate a team of volunteers.

Suicide Awareness

For any individual at any level who may potentially encounter someone that is suicidal or threatening suicide. To have greater understanding, see the warning signs and how to use intervention skills.

Self-Harm Awareness

For any individual at any level that may potentially work with someone that is self-harming. Learners will have a greater understanding of the causes, identifying groups at risk, knowledge of prevention strategies and the importance of early intervention.

Eating Disorders

For those working in a professional environment that may work with service users/clients/customers that may display vulnerability to develop eating disorders and want to enhance their skills of supporting those individuals more effectively.



YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

Drugs and Alcohol Awareness and the Effect on Mental Health

For any individuals that may potentially face individuals who may have drug and/or alcohol issues and are displaying mental ill health.

Hate and Mate Crime

For individuals at all levels that may potentially encounter those who may be victims of Hate or Mate Crime, what it is, where it occurs and who it effects.

Customised Courses

Do you need a course designed to meet your specific or organisational needs?

With our team of experienced trainers and associate trainers from a diverse range of disciplines, we can help.

We can also deliver your customised course in-house across the UK to minimise the time that your staff are away from the workplace.

We Also Deliver

Mental Health First Aid

Housing Short Courses

Contact Us

If you would like any further details about the qualifications or courses that we run, please contact us.

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