



Short Courses

WELCOME TO YMCA

Thank you for your interest in YMCA Birmingham, you have just become part of the largest youth charity in the world!

We are a social landlord and training partner for the social housing sector. As a registered provider of accommodation, we truly understand the challenges of life and are passionate about providing homes, a safe community and real opportunities for vulnerable people.

- Established in 2012, we are an approved Apprenticeship Provider and Accredited Training Centre for the Chartered Institute of Housing.
- Our vision is to help upskill and continuously raise the standards of the Social Housing Industry. We do this by creating a national community of well-trained and formally qualified Housing Professionals.
- Based in the Midlands, we are able cover the whole of the UK and have a fully operational Training Department for the job.
- As a not for profit organisation, every penny that is made as a direct result of you signing up to one of our courses is reinvested back into our charitable work and mission.

"Our mission is to inspire young people to discover their potential so that they can live life in all its fullness".

INTRODUCTION

In addition to an array of accredited qualifications, YMCA Birmingham deliver a wide range of short 1-day courses. Our courses can be tailored and we deliver these courses across the UK.



Conflict Management & Conflict Resolution

For any individual that currently or have the potential to face challenging behaviour including potential and actual violent behaviour. This very popular course looks at the causes of challenging behaviour, the range of coping skills available for defusing and managing incidents, and how to use non-restrictive physical intervention.

Safeguarding

For all staff working with vulnerable adults, children and young people, to ensure that they are proactive in recognising and responding to protection issues.

Managing Volunteers

For individuals seeking to prepare for their first management role in the third sector, or practicing managers who want to improve their performance. Learners will gain a solid foundation in the specific set of skills they need to supervise, support, organise and motivate a team of volunteers.

Suicide Awareness

For any individual at any level who may potentially encounter someone that is suicidal or threatening suicide. To have greater understanding, see the warning signs and how to use intervention skills.

Self-Harm Awareness

For any individual at any level that may potentially work with someone that is self-harming. Learners will have a greater understanding of the causes, identifying groups at risk, knowledge of prevention strategies and the importance of early intervention.

Eating Disorders

For those working in a professional environment that may work with service users/clients/customers that may display vulnerability to develop eating disorders and want to enhance their skills of supporting those individuals more effectively.

Drugs and Alcohol Awareness and the Effect on Mental Health

For any individuals that may potentially face individuals who may have drug and/or alcohol issues and are displaying mental ill health.

Hate and Mate Crime

For individuals at all levels that may potentially encounter those who may be victims of Hate or Mate Crime, what it is, where it occurs and who it effects.

WE ALSO DELIVER

Adult Mental Health First Aid

Youth Mental Health First Aid

Housing Qualifications

Housing Apprenticeships

Short Courses in Housing

YMCA

To find out more please contact us on
0121 478 4245 or email
training@ymcabirmingham.org.uk



YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

SUPPORT & ADVICE

ACCOMMODATION

FAMILY WORK

HEALTH & WELLBEING

TRAINING & EDUCATION